



California Pizza Kitchen Vegetarian Information

With minor modification, any vegetarian can find something great to eat at California Pizza Kitchen. The following are some recommended menu options for vegetarians.

VEGAN: The 'purists' of the vegetarian world, Vegans have the most limited diet and do not eat any animal derivative foods including butter, *honey*, cheese, eggs and milk.

APPETIZERS

Lettuce Wraps (request with only wok-stirred vegetables)
Tuscan Hummus (request thin crust instead of pizza-pita bread)

SMALL CRAVINGS

White Corn Guacamole & Chips

SOUPS

Asparagus Soup (no croutons)
Dakota Smashed Pea & Barley Soup

SALADS

Grilled Vegetable Salad
Field Greens Salad (omit candied walnuts)

PASTAS

Asparagus & Spinach Spaghettini (request without cheese)
Broccoli Sun-Dried Tomato Fusilli (request without cheese)

PIZZAS

Vegetarian with Japanese Eggplant (thin crust, request without cheeses)

SANDWICHES & DESSERTS

Fresh Fruit

OTHER ITEMS

Table Bread
Pasta Only with Olive Oil
Wok-Stirred Vegetables (upon request)



California Pizza Kitchen

Vegetarian Information

LACTO VEGETARIAN: Lacto Vegetarians exclude meat, fish and poultry as well as eggs and any food containing eggs. A lacto vegetarian would, however, eat dairy products such as milk, yogurt and cheese. *Honey* is acceptable.

APPETIZERS

Garlic Cheese and Herb Onion Focaccia with Checca
Lettuce Wraps (request with only wok-stirred vegetables)
Spinach Artichoke Dip
Tuscan Hummus

SMALL CRAVINGS

Asparagus & Arugula Salad
Mediterranean Plate
White Corn Guacamole & Chips

SOUPS

Asparagus Soup (no croutons)
Dakota Smashed Pea & Barley Soup
Tuscan White Bean Minestrone (no croutons)

SALADS

Grilled Vegetable Salad
House Salad
Field Greens Salad

SANDWICHES

Grilled Vegetable Sandwich

PASTAS

Asparagus & Spinach Spaghettini
Broccoli Sun-Dried Tomato Fusilli
Garlic Cream Fettuccine (also with mushrooms)
Pesto Cream Penne
Tomato Basil Spaghettini (with or without Goat Cheese)

PIZZAS

Goat Cheese with Roasted Peppers (no bacon)
Italian Tomato & Basil
Margherita
Pear & Gorgonzola (without Ranch)
Traditional Cheese
Vegetarian with Japanese Eggplant
White Pizza (no bacon)
Five Cheese & Fresh Tomato
Tricolore
Wild Mushroom

OTHER ITEMS

Curly Mac N' Cheese
Pasta Only with Butter or Olive Oil
Table Bread
Wok-Stirred Vegetables (upon request)

DESSERTS

Apple Crisp
Key Lime Pie



California Pizza Kitchen Vegetarian Information

LACTO-OVO VEGETARIAN: Lacto-Ovo Vegetarians exclude meat, fish and poultry but include all dairy products and eggs

APPETIZERS

Garlic Cheese and Herb Onion Focaccia with Checca
Lettuce Wraps (request with only wok-stirred Vegetables)
Mediterranean Spring Rolls
Tuscan Hummus

SMALL CRAVINGS

Asparagus & Arugula Salad
Crispy Artichoke Hearts
Mediterranean Plate
Sweet Corn Tamale Ravioli
Wedge Salad (request with no bacon)
White Corn Guacamole & Chips

SOUPS

Asparagus Soup
Dakota Smashed Pea & Barley Soup
Sedona Tortilla

SALADS

Grilled Vegetable Salad
Field Greens Salad
House Salad

PIZZAS

Italian Tomato & Basil
Margherita
Pear & Gorgonzola
The Greek
Traditional Cheese
Vegetarian with Japanese Eggplant
White Pizza (no bacon)
Wild Mushroom
Tricolore
Five Cheese & Fresh Tomato
Goat Cheese with Roasted Pepper (no bacon)

SANDWICHES

Grilled Vegetable Sandwich

OTHER ITEMS

Curly Mac n' Cheese
Pasta only with butter or Olive Oil
Table Bread
Wok-Stirred Vegetables (upon request)

DESSERTS

Apple Crisp (plain or A la mode)
Chocolate Banana Royale Cake
Chocolate Souffle Cake
Hot Fudge Brownie Sundae
Key Lime Pie
Red Velvet Cake
Tiramisu
Turtle Sundae

