

# ◆ APPETIZERS ◆

NEW

## Cabo Crab Cakes

Handmade, pan-sautéed blue crab cakes served with freshly made roasted corn & black bean salsa and a roasted red pepper aioli.

## Singapore Shrimp Rolls

Shrimp, baby broccoli, soy-glazed Shiitake mushrooms, spinach, carrots, rice noodles, bean sprouts, green onion and cilantro wrapped in rice paper. Served chilled with a sesame-ginger dipping sauce and Szechuan slaw.

NEW

## Tuscan Hummus

Our original recipe of Tuscan white beans puréed with sesame, garlic, lemon and spices. Garnished with Italian parsley, fresh Roma tomatoes, basil and garlic. Served with warm pizza-pita bread, your choice of traditional or honey-wheat with whole grain.

## Spinach Artichoke Dip

Served hot with blue & white corn tortilla chips.

## Tortilla Spring Rolls

Hand-rolled flour tortillas sprinkled with fresh herbs and baked in our pizza oven.

Choose any two.

Choose any three.

### Mediterranean

Sautéed Portobello mushrooms, grilled Japanese eggplant, sun-dried tomatoes, caramelized onions, Fontina, Mozzarella and Parmesan cheeses. Served with sun-dried tomato marinara.

### Baja Chicken

Grilled chicken breast, Jack and Cheddar cheeses, roasted corn, black beans, fire-roasted mild chilies, red onions and cilantro topped with Parmesan cheese. Served with homemade guacamole.

### Thai Chicken

Grilled chicken breast, spicy peanut sauce, bean sprouts, green onions, carrots, cilantro and Mozzarella cheese. Served with authentic Thai peanut sauce.

## Sonora Egg Rolls

Grilled lime chicken, roasted corn & black bean salsa, Cheddar and Monterey Jack cheeses, fire-roasted mild chilies, green onions and cilantro hand-wrapped in a crispy wonton roll. Served with tomatillo salsa and homemade ranchito sauce.

## Avocado Club Egg Rolls

A fusion of East and West with fresh avocado, chicken, tomato, Monterey Jack cheese and applewood smoked bacon, hand-wrapped in a crispy wonton roll. Served with homemade ranchito sauce and our homemade herb ranch dressing.

## Garlic Cheese Focaccia with Checca

Italian-style pizza bread topped with Mozzarella cheese, garlic and herbs, hearth-baked and served with a combination of fresh Roma tomatoes, fresh basil, garlic and extra virgin olive oil.

## Herb Onion Focaccia with Checca

Italian-style herb onion pizza bread hearth-baked and served with a combination of fresh Roma tomatoes, fresh basil, garlic and extra virgin olive oil.

## Lettuce Wraps

Minced chicken and/or shrimp, wok-seared with Shiitake mushrooms, water chestnuts and green onions in a soy-ginger sauce. Served on a bed of crispy rice noodles with a side of spicy chili-ginger sauce.

With chicken • With shrimp

With chicken & shrimp

## Sesame Ginger Chicken Dumplings

Sesame ginger chicken inside delicate wonton dumplings with a mild soy-ginger chili sauce. Topped with toasted sesame seeds and fresh green onions.

# ◆ SOUPS ◆

All of our soups are vegetarian.

NEW

## Tuscan White Bean Minestrone

Cannellini beans, tomatoes, zucchini, spinach, onion, celery and Parmesan cheese. Garnished with homemade garlic-herb croutons.

## Asparagus Soup

A creamless soup garnished with homemade garlic-herb croutons.

## Dakota Smashed Pea & Barley Soup

A hearty split pea soup with barley, carrots, onions and savory herbs. Garnished with fresh green onions.

## Sedona Tortilla Soup

Vine-ripened tomatoes, tomatillos and corn with mild green chilies and Southwestern spices. Garnished with crispy corn tortilla strips.

## Two in a Bowl

Combine any two of our soups. Served side by side in the same bowl.

# ◆ SALADS ◆

Fat-Free balsamic vinaigrette available upon request.

## The Original BBQ Chicken Chopped

Chopped lettuce, black beans, sweet corn, jicama, cilantro, basil, crispy corn tortilla strips and Monterey Jack cheese tossed together in our homemade herb ranch dressing. Topped with chopped BBQ chicken breast, fresh diced Roma tomatoes and fresh green onions. Add fresh avocado

## Grilled Vegetable Salad

Grilled asparagus, Japanese eggplant, zucchini, green onions and roasted corn served warm over a bed of chilled Romaine lettuce, fresh avocado and sun-dried tomatoes in our homemade Dijon balsamic vinaigrette. Tossed upon request.

Add grilled chicken breast

Add sautéed salmon or grilled shrimp

## Original Chopped

Chopped lettuce, basil, salami, chilled roast turkey breast, fresh diced Roma tomatoes and Mozzarella cheese tossed in our herb-mustard Parmesan vinaigrette and topped with fresh green onions. Chopped garbanzos added upon request.

## CPK Cobb Salad

Chopped lettuce with applewood smoked bacon, fresh avocado, chilled-grilled chicken breast, fresh diced Roma tomatoes, chopped egg, basil and Gorgonzola cheese with our homemade herb ranch dressing or blue cheese dressing. Fresh beets added upon request.

## Classic Caesar

Crisp Romaine leaves, shaved Parmesan cheese and homemade garlic-herb croutons tossed in our Caesar dressing.

Add grilled chicken breast

Add sautéed salmon or grilled shrimp

## Field Greens

A blend of fresh field greens, pears and candied walnuts tossed in our homemade Dijon balsamic vinaigrette.

Add Gorgonzola cheese

Add sautéed salmon or grilled shrimp

NEW

## Moroccan Chicken Salad

Moroccan-spiced chicken breast with crisp Romaine lettuce, roasted butternut squash, Medjool dates, fresh avocado, toasted almonds, fresh beets, chopped egg, carrots, dried cranberries and red bell peppers. Tossed with our homemade champagne vinaigrette.

## Waldorf Chicken Salad

Our rendition of a NYC favorite! Fresh field greens, chilled-grilled chicken breast, seedless grapes, Granny Smith apples, candied walnuts, celery and Gorgonzola cheese. Tossed with your choice of our homemade Dijon balsamic vinaigrette or blue cheese dressing.

## Thai Crunch Salad

Shredded Napa cabbage, chilled-grilled chicken breast, julienne cucumbers, edamame, crispy wontons, crispy rice sticks, peanuts, cilantro, julienne carrots, red cabbage and green onions tossed with lime-cilantro and authentic Thai peanut dressings. Topped with additional Thai peanut dressing upon request.

Add fresh avocado

## Miso Salad

Shredded Napa cabbage with fresh avocado, julienne cucumbers, daikon, edamame, carrots, red cabbage, green onions, cilantro, crispy rice noodles and crispy wontons tossed in a Miso dressing and topped with blue crab and shrimp.

Substitute chilled-grilled chicken breast for seafood

## Chinese Chicken Salad

Shredded Napa cabbage, crisp iceberg lettuce and crispy wontons tossed with julienne carrots, red cabbage, green onions, toasted sesame seeds and fresh cilantro in a spicy sweet & sour sesame dressing. Topped with chilled-grilled chicken breast.